

引言 INTRODUCTION

We will talk about friendship from Proverbs today. Shakespeare said it wisely: “A friend is one that knows you as you are, understands where you have been, accepts what you have become, and still, gently allows you to grow.” We all want to have good friends. Your family members and relatives may live in another city or even country. But friends are often a phone call away. Loyal friends are eager to offer help. There was a true story about a parrot that treated its owners as friends. Unfortunately, this bird was used as an accomplice in a crime. An undercover officer in Brazil was about to bust a home of drug-dealers. The bird saw the policeman outside. It alerted the owners: “Mama, police!” Despite the parrot’s tip, two persons were arrested. Drugs and money were confiscated. After being taken to the police station, the bird continued to show loyalty to its owners. It refused to talk to the officers. It did not even utter a sound. The authority believed that the parrot was trained to spot police cars. It was later taken to a zoo. I am not sure if someone gave the bird counseling afterward to help it discern between right and wrong. Faithful friends will stand by you when you need support. Imagine you are in an emergency situation in the middle of the night. Who are the three persons you will call for help, assuming your family members live faraway? Those people are your most trusted friends. To Christians, friends are an extension of God’s caring hand to us.

解釋 EXPLANATION

1. 壞朋友造成傷害 Bad Friends Cause Harm

First, we look at the negative impacts of an unhealthy friendship. Bad friends can cause harm to us. Proverbs 12:26 says: **A righteous man is cautious in friendship, but the way of the wicked leads them astray.** Our focus is on the second half of the verse. Bad friends will lead us to the wrong path. They may intentionally cause harm. For example, they can cheat our money by luring us into a phony investment scheme. They may also entice us into some unwholesome lifestyle. Just like any young man, I tried to blend in when I was a teenager. I thank God for His protection as I look back. There were times when I could have ended up in serious troubles. One bad thing I learned was using bad language. That was before I became a Christian. I had some classmates who smoked, but I never found that cool. I understood that cigarettes can only damage my health. Likewise, I never see getting a tattoo, speeding or getting drunk is fun. Also, there were classmates who paid little attention to school. But I knew that good education can ensure a better future. I made it through school by God’s grace. I understand that peer pressure can affect us at any age. You prove that you are “in” by doing certain things, dressing in particular style or saying specific slangs. The grown-up world accepts people if they drive certain cars, live in particular zip-codes or carry specific brands of handbags. The question is: why do we have to follow others? We should be following Jesus instead of the trends of this world. Nowadays, young people are easily persuaded by the social media. There are a lot of bad influences. The principal of the school my kids attend sent out a note recently. He said there is a new “challenge” that encourages students to damage bathrooms by tearing things down or clogging the toilet. I warn my boys to not even hang around if they see others causing troubles. Those activities are vandalism that have legal consequence. We do not need to seek other’s

approval. In Christ, we have been forgiven and fully accepted by God. We should seek God's favor rather than pleasing people. Proverbs 25:18-19 tell us other harm bad friends can cause: **18 Like a club or a sword or a sharp arrow is the man who gives false testimony against his neighbor. 19 Like a bad tooth or a lame foot is reliance on the unfaithful in times of trouble.** Two harmful things are mentioned. First, it is about bearing false witness to condemn an innocent person. Those lies are like a weapon that will cause harm. Giving a false testimony is a direct violation to the Ninth Commandment. God is the Lord of truth and so He wants us reflect His faithfulness. According to the Law of Moses, it requires two to three persons giving the same evidence to convict a suspect. Wicked people will manipulate the system. We studied the story about Naboth a while back. Queen Jezebel conspired a wicked scheme to seize Naboth's vineyard. She asked two bad guys to accuse Naboth of cursing God and the king. Naboth was put to death as a result. Even our Lord Jesus was nailed to the cross because the religious leaders wrongfully charged Him of blasphemy against God and disloyalty to the Caesar. But of course, God turned evil into a blessing. Jesus did not only die because of men's conspiracy. He died for our sins. God wants us to be truthful. Jesus urged us to let our "yes" be "yes" and our "no" be "no." Verse 19 tells us another situation where a bad friend can cause harm. Asking an unfaithful friend for help is like a decayed tooth or a crippled leg. An unreliable friend is similar to a defective body part that is painful and ineffective. They cannot perform the proper functions. Trustworthiness is the common theme in both verses. We should not make a promise that we do not intend to keep. Sometimes we casually tell others: "You are welcome to visit my home at any time. Let's have lunch on another day. Call me if you need any help." Then you make up some lame excuses when people actually contact you. You say: "Sorry, I'm busy. It's unsafe to get together because of the pandemic." You lose credibility immediately. We should do what we say and say what we will do.

2. 好朋友給予幫助 Good Friends Give Help

We need to choose our friends carefully. Bad friends can cause harm. In contrast, good friends can add to our blessings. Obviously, they will give us help. Proverbs 3:27-28 say: **27 Do not withhold good from those who deserve it, when it is in your power to act. 28 Do not say to your neighbor, "Come back later; I'll give it tomorrow" – when you now have it with you.** If person is in urgent need, he will expect his friend to give help. The author describes that this needy neighbor deserves to receive help. The Hebrew word for "deserve" can be translated as "owner." It is like you are obligated to return something you borrow from another person. The idea is that you should give help if you have the resource. Just put ourselves in the shoes of the person who has a desperate need. Perhaps your neighbor's wife is about to give birth. The husband asks you to babysit the other two young children so that he can take his wife to the hospital. Or a neighbor's boy climbs up a tree but cannot get down. The family wants to borrow your long ladder. It is unreasonable to say: "I'm busy watching the game. Why don't you come back tonight?" Recently my lawn-mower died when I barely started cutting. The grass was quite tall and I could not wait till my machine was fixed. I knocked on a neighbor's door and asked for permission to use their machine. I liked it so much that I ended up buying a very similar model. I thanked the man on my return. Then I said: "I know if I want to find a good neighbor, I must be one first. Please do not hesitate to ring my doorbell if you need any help." Besides that particular incident, a few brothers have come to my home when I needed help fixing something. I am grateful for their kindness. I encourage everyone to be a good neighbor. Offer your expertise,

tools and time. The joy of helping others will be greater than the little inconvenience that it may cause to you. The next verse we will look at is in 17:17 – **A friend loves at all times, and a brother is born for adversity.** This statement is close to a Chinese saying: hardship is a good test to real friendship. Those who do not forsake you in your worst situation are your true friends. They will be by your side even if you have a serious illness, lose your job or file for bankruptcy. You may remember the parable of the prodigal son. That young man had a lot of “friends” for fun when he was rich. But those people left after he had squandered all his money. No one went to see him when he was feeding pigs. In comparison, I think of an example of genuine friendship in the Bible. David had a great friend named Jonathan. Jonathan was a son of the then king Saul. God rejected Saul because of his disobedience. He chose David as a replacement. After David killed Goliath the giant, Saul promoted David to be an army general, his personal assistant, and even made him a son-in-law. Jonathan admired David’s bravery and talents. The two men thus became good friends. Meanwhile, Saul got jealous when people praised David. He even planned to kill David. Jonathan knew that God had elected David to be the next king. He also knew that his father intended to get rid of David. He helped his friend to escape. Jonathan asked David to make an oath before he ran away. Jonathan said in 2 Samuel 20:14-15 – **“14 But show me unfailing kindness like that of the Lord as long as I live, so that I may not be killed, 15 and do not ever cut off your kindness from my family – not even when the Lord has cut off every one of David’s enemies from the face of the earth.”** David was a noble person. Saul sent his people to hunt David down. David had two golden opportunities to kill Saul. But he spared Saul instead. Eventually, both Saul and Jonathan died in the same battle. After David became king, he remembered his pledge to Jonathan. David sent people to check if there was any remaining member in Saul’s family. They found a son of Jonathan named Mephibosheth. David told Mephibosheth that he would show kindness to him for the sake of his dad. The story is a great example of loyalty. We should give help to our friends when they need assistance. Every person is good at certain things. Perhaps you are handy and you have some special tools in your garage. All you need is a willing heart to help others. Treat others the same way you want to be treated.

3. 好朋友表示忠誠 Good Friends Show Honesty

Not only do good friends give help, they also show honesty. Let us look at Proverbs 17:9-10 – **9 He who covers over an offense promotes love, but whoever repeats the matter separates close friends. 10 A rebuke impresses a man of discernment more than a hundred lashes a fool.** First, good friends show honesty by covering an offense. Here, “cover” does not mean cover up a wrongdoing. You have to point it out to your friend if you see something not right. We will talk about the rebuking part in verse 10 in a moment. This covering of an offense has an opposite meaning to repeating the matter in the same verse. For example, your friend has a bad habit or a personality flaw. Perhaps the person always comes late for an appointment or being absent-minded. Instead of keep nagging your friend, you should give room for the person to grow. You can also provide suggestions for improvement. You show honesty by accepting the person. You do not let the imperfections interfere the friendship. However, there is a time for an honest rebuke. Those are sins that will hamper spiritual growth. Perhaps you see you friend lie to excuse his fault. Or maybe the person likes to bad-mouth others. You will bring the issue up if you care about the person. You do not want him/her to get into a habit of sinning either. You should go to the person in private, and speak the truth in love. Begin the conversation by saying: “I see you as one of my best friends. I hope to see you become a more mature Christian. As a friend and a

fellow believer, may I bring up something unbiblical you did the other day?” I doubt anyone will reject that sincere request. Then you go on and present the facts. The person will most likely explain or even defend for himself. If it is a misunderstanding, then the confusion will be cleared. But if the person refuses to admit the fault, then you can add: “Why don’t you think and pray about what I said. By the way, I hope you will tell me too if I commit a sin.” A rebuke is different from an accusation. A rebuke goes beyond pointing out what an offender did. The Bible describes Satan as the brothers’ accuser. He loves to dig up our dirty laundry to shame us. However, the Holy Spirit reveals our sins because He wants us to deal with it. He wants us to seek forgiveness from God and from the person we offended so that relationships can be restored. While Satan wants to stumble us, God wants us to grow stronger. A related Proverb can be found in 27:5-6 – **5 Better is open rebuke than hidden love. 6 Wounds from a friend can be trusted, but an enemy multiplies kisses.** This “hidden love” is not from your secret admirer. The point is that if you truly love your friend, then you will not ignore a serious matter. Such honest rebuke may hurt one’s feeling at first. But it is much helpful than an enemy’s fake kiss. There was a famous kiss in the Bible. Judas used a kiss to identify Jesus so that the religious leaders knew who to arrest. “Yes-people” are not honest friends. Saying “it’s okay” when it is not does not grow friendship. True friends may not say things you like to hear, but they will say things that you need to hear. A wise and humble person will listen because he knows those are honest words. We all need true friends like that. Once I told a Caucasian brother how the Chinese communicate. Very often, people will not praise you when you do something well. However, they will spread things behind your back when you do something bad. Those behaviors are not Biblical! We should be generous to give compliments to encourage people. At the same time, we should also be honest to correct people’s wrongdoing. We praise people in public but we admonish them in private. After all, who else will give you constructive criticism besides your true friends? You do not know you need to change unless someone has the courage to say it. Those friendly wounds are like a surgical knife that cuts away unhealthy tissue. It will cause pain and it will leave a scar. But the restoration is well worth the discomfort.

結論 CONCLUSION

Friends are an extension of God’s caring hand to us. They understand us but they also accept us. They hope for our best even the world sees the worst in us. Genuine friendship is a reflection of God’s unconditional love for us. Jesus came into the world to be a friend of sinners. Jesus knows us completely. He died for us even when we are helpless in sin and hate the truth. Jesus lifts us up and leads us to the righteous path. He binds our wounds, wipes our tears, keeps us company, feeds us, holds us, encourages us, protects us and corrects us. He is always one prayer away. Jesus is our most faithful friend. We should imitate Jesus’ love for us to treat our friends.

引言 INTRODUCTION

我們今天要從箴言談友誼。莎士比亞說得很有智慧：「朋友是了解你的真面目，知道你的過去，接受你的現在，並且仍然溫柔地允許你成長的人。」我們都希望有好朋友。你的家人和親戚可能住在另一個城市甚至國家。但朋友往往是打個電話便會馬上出現。忠實的朋友願意提供幫助。有一個真實的故事是關於一隻鸚鵡把主人當成朋友的。不幸的是，這隻小鳥被用作犯罪的幫兇。在巴西有一名臥底警察準備闖進一個毒販的家。小鳥看到外面的警察。牠立刻提醒主人：「媽媽，警察！」儘管鸚鵡通風報信，還是有兩個人被抓。警察在房子裡找到了毒品和金錢。這隻鳥被帶到警察局後繼續表現出對主人的忠誠。牠拒絕與警員講話，甚至沒有發出任何聲音。警方說那只鸚鵡接受過訓練，知道如何辨別警車。後來牠被放在一個動物園。我不曉得後來有沒有人向那隻鳥上輔導課，幫助牠搞清楚是非對錯。當你需要支持時，忠實的朋友會願意幫助你。想像一下，你在半夜遇到緊急情況。假設你的家人住在遠方，你會想到向哪三個人打電話求助？他們可能是你最可靠的朋友。對基督徒來說，朋友是神對我們關懷之手的延伸。

解釋 EXPLANATION

1. 壞朋友造成傷害 Bad Friends Cause Harm

首先，我們看看不健康的友誼的負面影響。壞朋友會對我們造成傷害。箴言 12:26 說：義人引導他的鄰舍；惡人的道叫人失迷。我們的重點是在下半句話。壞朋友會把我們引向錯誤的方向。他們可能會故意造成傷害。例如，他們可以建議我們參加投資計劃來騙我們的錢。他們也可能引誘我們嘗試一些壞習慣。跟任何人一樣，我在年輕時試圖融入在其他人之中。當我回首往事時，我感謝神的保護。有時我可能會遇到嚴重的麻煩。起碼我學到的一件壞事是講不雅的言語。那是在我成為基督徒之前。我有一些同學抽煙，但我從來沒有覺得那有多酷。我明白香煙只會損害我的健康。同樣，我從來沒有覺得紋身、開快車或喝醉酒是好玩的事情。此外，我也有一些同學沒有興趣上學。但我知道接受教育可以帶來美好的前途。靠著神的恩典，我順利畢業。我知道同輩壓力會影響任何年齡的人。你通過做某些事情、特別的穿著或措詞來證明你很時髦。大人的世界就看一個人開什麼牌子的汽車、住在那一個郵區或是拿什麼牌子的皮包來評估他。問題是：我們為什麼要跟風？我們應該是跟隨耶穌，而不是跟隨這個世界的潮流。如今，年輕人很容易受社交媒體的影響。其中確實有很多不好的信息。我兩個孩子學校的校長最近發了一封通知。他說有一個新的「挑戰」鼓勵學生毀壞廁所的設備或堵塞馬桶。我提醒我的兒子，如果他們看到有人搞破壞便要馬上離開現場。這些行為根本就是損壞公物，是有法律後果的。

我們不需要尋求他人的認可。在基督裡，我們已經被神饒恕和完全接納。我們應該討神的喜悅，而不是取悅別人。箴言 25:18-19 告訴我們壞朋友可能造成的其他傷害：**18 作假見證陷害鄰舍的，就是大槌，是利刀，是快箭。19 患難時倚靠不忠誠的人，好像破壞的牙，錯骨縫的腳。**這裡提到兩件有害的事情。首先是關於作假見證來定一個無辜人的罪。那些謊言就像是攻擊的武器。作假見證是直接違反了十誡中的第九條誡命。神是真理的主，所以祂希望我們反映祂的信實。根據摩西律法，需要兩到三個人提供相同的證據才能定罪。狡猾的人會去抓漏洞。不久前，我們學過有關拿伯的故事。王后耶洗別用詭計來奪取拿伯的葡萄園。她叫兩個壞旦誣告拿伯咒詛神和王。結果拿伯被處死。其實主耶穌被釘在十字架上，也是因為宗教領袖誣告祂褻瀆神和對凱撒大帝不忠。但當然，神把邪惡的事變成一個祝福。耶穌不僅因人的陰謀而死。祂是為我們的罪而死。神要我們誠實。耶穌告訴我們「是就說是，不是就說不是」。第 19 節告訴我們壞朋友會造成傷害的另一種情況。向不忠誠的朋友尋求幫助就像一顆蛀牙或殘廢的腿。一個不可靠的朋友就像一個有缺陷的器官，只會增加痛苦，卻毫無幫助。信用是這兩節經文的共同主題。我們不應該信口開河。有時我們會隨便地告訴別人：「歡迎你隨時來我家。改天吃午飯吧。有什麼需要幫忙的就給我打電話。」然而，當別人真的與你聯繫時，你便諸多藉口。你說：「對不起，我很忙。因為疫情，聚在一起是不安全的。」你這樣說會失去信用。我們應該做一個言出必行的人。

2. 好朋友給予幫助 Good Friends Give Help

我們需要謹慎地選擇我們的朋友。壞朋友會造成傷害。相比之下，好朋友可以帶來祝福。很顯然，他們會給予我們幫助。箴言 3:27-28 說：**27 你手若有行善的力量，不可推辭，就當向那應得的人施行。28 你那裡若有現成的，不可對鄰舍說：去吧，明天再來，我必給你。**如果一個人有緊急需要，他會期望他的朋友給予幫助。作者描述這個有需要的鄰居是應得的。「應得」這個字的希伯來文可以翻譯為「主人」。這就像你有義務歸還你借來的東西。它的意思是，如果你有現成的資源，你就應該給予別人幫助。我們可以設身處地般去想像別人的處境。也許你鄰居的妻子馬上要分娩。他請你照顧兩個年幼的孩子，以便他可以帶太太去醫院。或者鄰居的小男孩爬到樹上卻下不來。他們需要借你的梯子。你卻說：「我正在看球賽。今天晚上再來吧！」這就太不近人情了。最近有一次，我才剛開始剪草時，我的剪草機就故障了。因為草很長，我不能等到機器修好再剪。於是我便敲鄰居的門，請求借用他們的機器。我非常喜歡它，以至我後來買了一台型號非常接近的機器。我還東西時很感謝那個人。然後我說：「我知道如果我想要找到一個好鄰居，我必須先做一個好鄰居。如果你需要任何幫助，請隨時按我的門鈴。」除了那次之外，曾經有幾位弟兄來我家幫我修東西。我很感激他們的幫助。我鼓勵大家做一個好鄰居，提供你的專業知識、工具和時間。幫助別人的喜樂肯定比對你帶來的不便更大。我們要看的下一節經文是 17:17 - **朋友乃時常親愛，弟兄為患難而生。**這句話很接近中

文的一句格言：患難見真情。那些在你最糟糕的情況下不拋棄你的人，才是你的真正朋友。即使你身患重病、失業或宣告破產，他們也會留在你的身邊。你可能還記得浪子的比喻。那個年輕人在有錢的時候有很多酒肉朋友陪伴，但是錢花光後他們便通通閃人。當他去餵豬時，當然更沒有人去看他。相比之下，我想到聖經中一段真誠的友誼。大衛有一個叫約拿單的好朋友。約拿單是當時的王掃羅的兒子。神厭棄掃羅，因為他不順服。神選擇大衛作為替補。大衛殺死巨人歌利亞後，掃羅提拔大衛為軍長、他的私人助理，甚至還給他做女婿。約拿單欣賞大衛的勇敢和才華，兩人就這樣成為了好朋友。與此同時，當人們讚美大衛時，掃羅很嫉妒。他甚至計劃殺死大衛。約拿單知道神揀選大衛成為下一任的王。他也知道父親打算除掉大衛。他幫助他的朋友逃命。約拿單要求大衛在逃走前和他立約。約拿單在撒母耳記上 20:14-15 中說：14「你要照耶和華的慈愛恩待我，不但我活著的時候免我死亡，15 就是我死後，耶和華從地上剪除你仇敵的時候，你也永不可向我家絕了恩惠。」大衛是一個品格高尚的人。掃羅派人去追捕大衛。大衛有兩次殺死掃羅的黃金機會，但他反而放過掃羅。最終，掃羅和約拿單在同一場戰事中戰死沙場。大衛登基後，他想起對約拿單的承諾。於是大衛派人去查查掃羅家裡是否還有人在。他們找到了約拿單的兒子，名叫米非波設。大衛告訴米非波設，因他父親的緣故，他會恩待他。這個故事是一個對人忠誠的好例子。當朋友需要幫助時，我們應該給予幫助。每個人都會有不同的長處。也許你很會修東西，或是你的車庫裡有一些特別的工具。你所需要的只是一顆願意幫助別人的心。你希望別人怎樣對待你，你就要以同樣的方式對待他人。

3. 好朋友表示忠誠 Good Friends Show Honesty

好朋友不僅會給予幫助，他們也會表示忠誠。讓我們看看箴言 17:9-10 – 9 遮掩人過的，尋求人愛；屢次挑錯的，離間密友。10 一句責備話深入聰明人的心，強如責打愚昧人一百下。首先，好朋友通過遮掩過錯來表示忠誠。在這裡，「遮掩」不是隱藏的意思。如果你看到不對的地方，你必須向你的朋友指出。稍後我們將討論第 10 節中責備的部分。這裡遮掩過錯與在同一節經文中「屢次挑錯」的意思相對。例如，你的朋友有某些壞習慣或性格缺陷。也許他老是遲到或是健忘。與其不斷嘮叨他，你應該給他成長的空間。你還可以提供改善的建議。你通過接受這個人來表示你對他的忠誠。你不讓他的缺點影響彼此間的友誼。然而，有時候你需要忠誠地指出對方的錯誤，特別是會妨礙他靈命成長的罪。也許你的朋友用撒謊來掩飾自己的過錯。或者他喜歡講別人閒話。如果你關心這個人，你就會指出問題所在。你也不希望他養成犯罪的習慣。你應該私下去找他，以愛心說誠實話。你可以這樣開始：「我把你看作好朋友。我希望你成為一個更成熟的基督徒。作為朋友和你的弟兄/姐妹，我可以提出一點你所做不符合聖經的事情嗎？」我懷疑有人會拒絕這個真誠的請求。然後你提出事實。他很可能會解釋事情甚至為自己辯護。如果只是一場誤會，那麼事情便被澄清了。但如果他拒絕承認錯誤，那麼你可以補充說：

「也許你可以思考一下並為我所說的話向神禱告。還有一點，如果你看到我犯罪，希望你也告訴我。」責備與控告不同。責備不僅僅是指出犯罪的人做了什麼。聖經說撒旦是控告弟兄的人。他喜歡翻我們的舊帳來羞辱我們。然而，聖靈顯明我們的罪，因為祂希望我們處理問題。祂希望我們向神和我們冒犯的人尋求饒恕，以便修復關係。撒但想要絆倒我們，但神希望我們成長。在箴言 27:5-6 我們可以找到一句相關的話：**5 當面的責備強如背地的愛情。6 朋友加的傷痕出於忠誠；仇敵連連親嘴卻是多餘。**「背地的愛情」不是來自單戀你的那個人。重點是，如果你真的愛你的朋友，那麼你就不會忽視一件嚴重的事情。這種忠誠的責備一開始時可能會傷害一個人的感受。但這比敵人虛假的親嘴更有幫助。聖經中有一個有名的吻。猶大用親嘴來識別耶穌，以便宗教領袖知道要抓誰。只會說你一切都很好的人並非忠誠的朋友。只會說「沒關係」的人也不會增進友誼。真正的朋友可能不會說你喜歡聽的話，但他們會說你需要聽的話。一個有智慧而謙卑的人會願意聆聽，因為他知道那些是誠實話。我們都需要這樣的真朋友。有一次我告訴一位白人弟兄中國人的交流方式。很多時候，當你做了好事時，人們不會讚賞你。然而，當你做壞事時，他們會在你背後講給別人聽。這種行為當然不符合聖經！我們應該毫不吝嗇地以讚賞鼓勵別人。同時，我們也應該真誠地糾正別人的錯誤行為。我們要在公開的場合表揚別人，但我們在私下勸告他們。畢竟，除了你真正的朋友，還有誰會給你善意的批評呢？如果沒有人提出勇氣說出來，你便不知道你需要改進的地方。那些友好的傷痕就像一把手術刀，可以切除不健康的組織。它會引起疼痛，並會留下疤痕。這種不舒服是絕對值得的。

結論 CONCLUSION

朋友是神對我們關懷之手的延伸。朋友了解我們，但也接受我們。他們對我們有最好的期望，縱然世界只看到我們最壞的一面。真正的友誼反映出神對我們無條件的愛。耶穌來到世上是要成為罪人的朋友。耶穌完全地認識我們。當我們仍在罪中無助並恨惡真理時，祂為我們而死。耶穌扶持我們，帶領我們走公義的道路。祂包裹我們的傷口，擦乾我們的眼淚，陪伴我們，餵養我們，擁抱我們，鼓勵我們，保護我們，糾正我們。祂和我們相隔只有一個禱告那麼遠。耶穌是我們最忠實的朋友。我們應該效法耶穌對我們的愛對待我們的朋友。