

Acts 1:1-3: Resurrection Proofs

“In the first book, O Theophilus, I have dealt with all that Jesus began to do and teach, until the day when he was taken up, after he had given commands through the Holy Spirit to the apostles whom he had chosen. He presented himself alive to them after his suffering by many convincing proofs, appearing to them during forty days and speaking about the kingdom of God.”

Greek word for *proofs* = *tekmarion* = convincing, decisive proofs. In logic “demonstrative proof” and in medical language “demonstrative evidence.”

The disciples needed many convincing proofs.

A skeptic might think the disciples were unscientific. They lived 2000 years ago. People back then believed in myths, ghost stories and aliens, just like people today. They didn't have the well-developed science we have today. (Our well-developed science believes in the science fiction of evolution and global warming.) Maybe they didn't have the scientific knowledge we have today, but they still needed many convincing proofs. They knew that dead people don't come back to life again; not if they're really dead like Christ was dead. There can be no doubt that Christ was really dead. The Romans made sure of Christ's death when they drove a spear through his ribs and into his heart and blood and water poured out.

Why should you believe in the resurrection of Christ? Because of many convincing proofs. There are 3 categories of convincing proofs: time/days, location, & people. They all work together to produce many convincing proofs.

The convincing proofs cover many days - 40:

If you only saw only the empty tomb then it would not be enough to believe. If you only saw alive Christ one time, on the third day, and never again then you might doubt the resurrection. You might think you saw a ghost. A skeptic could easily convince you what you saw was a hallucination based on wish projection.

The disciples interacted with a resurrected Christ over 40 days. He wasn't a ghost. Christ had a physical body with crucifixion scars. The disciples sat on the beach with Jesus and ate fish. Jesus spoke to them about the kingdom of God. 40 days is a convincing proof. There is even Christ's last appearance mentioned in the Bible, Revelation, 60 years after his ascension to heaven.

The convincing proofs cover several locations: Jerusalem, Galilee, Damascus Syria, and Asia Minor (Turkey).

The convincing proofs come from many eyewitnesses.

Theophilus not an eyewitness (Acts 1:1). He was Dr. Luke's rich Roman patron who financed his investigation to write his gospel (Gospel of Luke) and then his mission trips with Paul (Acts of the Apostles).

1 Corinthians 15:1-10 gives us the core of the gospel and a list of eyewitnesses to the resurrected Jesus Christ: *Now I would remind you, brothers, of the gospel I preached to you, which you received, in which you stand, and by which you are being saved, if you hold fast to the word I preached to you—unless you believed in vain.*

For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers at one time, most of whom are still alive, though some have fallen asleep. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unworthy to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me was not in vain.

Christ died. The reason for his death was “for our sins in accordance with the Scriptures” that predicted his death. Burial is proof of death. Christ was raised on the third day “in accordance with the Scriptures” that predicted his resurrection. Appearances are proof of resurrection: Cephas/Peter, the 12, 500 at Christ's ascension, James (Jesus' 'half-brother'), the Apostles at his ascension, and “last but not least” Saul to Paul.

[English version: Eleven specific appearances recorded (+4 after the Ascension):

To Mary Magdalene, John 20:14; Mark 16:9

To women returning from the empty tomb, Matthew 28:9-10

To Peter later on the third day, Luke 24:34; 1 Corinthians 15:5

To two disciples walking to Emmaus, Luke 24:13-33

To the Apostles, Thomas absent, Luke 24:36-43 (Jesus offered physical proof and ate fish); John 20:19-24

To the Apostles, Thomas present, John 20:26-29 (Jesus showed scars and said “Touch me.”)

To seven by the Lake of Tiberias, John 21:1-23

To more than 500 believers on a Galilean mountain, 1 Corinthians 15:6

To James, 1 Corinthians 15:7

To the eleven, Matthew 28:16-20; Mark 16; Luke 24

At the Ascension, Acts 1:3-12

To Paul on the road to Damascus, Acts 9; 1 Corinthians 15:8

To Stephen as he was stoned to death, Acts 7:55

To Paul in the Temple, Acts 22:17-21; 23:11

To John exiled on Patmos (60 years after the Ascension), Revelation 1:10-19]

What the resurrection of Christ proves:

1. Resurrection proves everything Jesus claimed about himself is true.

- Christ claimed he would be killed and rise from the dead on the third day (Mark 9:31; Luke 9:22).
- Christ claimed to be the promised Messiah prophesied throughout the OT (John 4:25-26).
- Christ claimed to forgive sins (Matthew 9:5-6).
- Christ claimed his death was the atoning sacrifice for our sins (Matthew 20:28).
- Christ claimed to be the Son of Man and God (Matthew 26:64; John 10:36).
- Christ claimed to be the only way to God (John 14:6).
- Christ claimed to be the resurrection and the life (John 11:25).
- Christ claimed to be equal with God:
 - John 8:58: *“Before Abraham was born, I AM.” At that point they picked up rocks to throw at Him.*
 - John 10:30: *“I and the Father are one.”*

2. Resurrection proves there is life after death.

Most people believe in some kind of life after death. It is natural to believe in life after death because people are made in the image of God. The Creator designed people with a desire for life after death because we are created to be in a relationship with Him. So, we believe in life after death, but we also need proof. We need to know what we innately or intuitively believe is true. The resurrection of Christ is the proof we need to confirm our belief and hope.

If Jesus Christ rose from the dead, then atheism can't be true; it is self-deception. The resurrection of Christ is one of the most well-established facts of history. The eyewitness accounts make the resurrection an irrefutable fact. In fact, it wasn't just Jesus Christ who was raised from the dead and appeared to people: Matthew 27:52: *The tombs also were opened. And many bodies of the saints who had fallen asleep were raised, and coming out of the tombs after his resurrection they went into the holy city and appeared to many.*

Who are “the saints who had fallen asleep”? Sometimes “fallen asleep” as a euphemism for death refers to a temporary state of death (John 11:11-12). The resurrection (or resuscitation) of these saints also proves life after death and Jesus' resurrection guarantees all other resurrections (1 Corinthians 15:20-23). Matthew gives no explanation of who the saints were. It is generally interpreted these saints were not the OT saints, but believers in Jesus who died during his ministry years.

These saints' bodies were not resurrected into their glorified, imperishable states as was Jesus' body. It seems that they were resuscitated into their previous mortal bodies, which would mean they would die again. In other words, these "saints" would have looked like normal people—like Lazarus, so only family members and their closest friends would recognize them. It would certainly be startling to have a dead family member walk into the house and say, "I'm back! Thanks to Jesus' resurrection I'm back in my body until I die again."

We actually have forensic evidence of Christ's resurrection. We have some of the linens left behind (Luke 24:12 & John 20:1-10). Peter and John believed in the resurrection of Christ before seeing him alive. They saw the burial linens (the shroud) in the empty tomb.

Luke 24:12: *But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home marveling at what had happened.*

John 20: 5-9: *⁵ And stooping to look in, John saw the linen cloths lying there, but he did not go in. ⁶ Then Simon Peter came, following him, and went into the tomb. He saw the linen cloths lying there, ⁷ and the face cloth, which had been on Jesus' head, not lying with the linen cloths but folded up in a place by itself. ⁸ Then the other disciple (John), who had reached the tomb first, also went in, and he saw and believed; ⁹ for as yet they did not understand the Scripture, that he must rise from the dead.*

*See "Death and Resurrection Proof: Shroud of Turin" (English version)

3. Resurrection proves there is only one kind of life after death.

Every world religion teaches some kind of life after death. (By "world religion" I am referring to Islam, Hinduism & Buddhism). These three world religions teach some kind of life after death, but they provide no proof of their claims. Muhammad did not come back from death to verify the teaching of Islam's life after death. Islam doesn't have a resurrection because Jesus didn't die on the cross. (Islam does have a general resurrection to final judgment based on works.) The original Buddha did not come back from death to verify his teaching about life after death. No Hindu god ever became a man, died, came back to life, and verified Hinduism's version of life after death (i.e. reincarnation). Therefore, what all other religions teach about life after death cannot be trusted.

The resurrection of Christ proves there is only one verifiable kind of life after death. Four truths about Jesus' kind of life after death:

First, it's a life after death in a resurrected physical body. No other religion makes this claim. (I will say more about this in point 3.)

Second, it's a life after death in a resurrected body that retains personal consciousness. This is your soul. You know who you are and where you are. Jesus knew who he was and where he was. Jesus could determine where he wanted to go

and who he wanted to appear to. This includes memory. Jesus knew each of his disciples by name. Hinduism and Buddhism do not teach personal consciousness after death.

Third, it's a life after death in a resurrected body which is able to interact with the physical world, but not subject to the laws of nature. Jesus, in his resurrection body, was able to appear in rooms with locked doors. Jesus was able to eat. Jesus could make himself visible and then vanish into thin air. Read Luke 24:36-43 & John 20:19-20: ¹⁹ *On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you."* ²⁰ *When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord.* No other religion claims this kind of life after death.

4. Resurrection proves resurrection bodies.

We must have bodies that can exist in another dimension - heaven. Earthly or natural bodies cannot exist in heaven. We must have spiritual bodies according to **1 Corinthians 15:35-49**. (Read 1 Corinthians 15:35-49.) Resurrection bodies are physical-spiritual bodies. The resurrected Jesus was not a ghost or phantom. He had a physical body with flesh and bones. It could be touched and digest food, but it also had some spiritual properties and was not subject to the laws of nature (John 20:24-27 & Luke 24:36-43).

Movie *Martian* - The man left behind on Mars must have a special suit to survive or the Martian atmosphere will kill him. We are very fragile creatures. Take us out of Earth's atmosphere and we will die instantly like a fish out of water. We must have resurrection bodies to survive the atmosphere of heaven. We must have two-dimensional bodies that can exist on earth and in heaven, or in both physical and spiritual dimensions.

While quarantined at home I watched a movie on Pure Flix called *Revelation Road*. When the rapture happened the true believers in Jesus Christ glowed with a bright light (like a brilliant HD bulb). Then the light flashed and became a glowing orb. The orb hovered for a few seconds and then ascended into the sky. Millions of glowing orbs ascended toward heaven. The body of the believer was left behind as a pile of ash. I know this is creative imagination. But it shows that at death we will experience an intermediate state of being. At death we exit our bodies and exist as spirits with our souls. We exist as disembodied spirits/souls waiting to be reunited with resurrection bodies. We receive our resurrection bodies at the second coming of Christ. (I am not certain about a pre-tribulation rapture, but scripture teaches that at the second coming of Jesus Christ the dead will be raised first and then living believers will be instantly transformed and receive their resurrected bodies: 1 Corinthians 15:50-58 & 1 Thess. 4:13-18.)

1 Corinthians 15:50-55: *I tell you this, brothers: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable. Behold! I tell you a mystery. We shall not all sleep, but we shall all be changed, in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we shall be changed. For this perishable body must put on the imperishable, and this mortal body must put on immortality. When the perishable puts on the imperishable, and the mortal puts on immortality, then shall come to pass the saying that is written: "Death is swallowed up in victory. O death, where is your victory? O death, where is your sting?"*

5. Resurrection proves the second coming of Christ.

The resurrection also proves that everything Jesus said and claimed is true.

Jesus is preparing the Father's house for those who believe in him before he returns. John 14:1-7: *"Let not your hearts be troubled. Believe in God; believe also in me. In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. And you know the way to where I am going." Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me."*

6. Resurrection proves our sins are forgiven.

This is probably the most important point.

1 Corinthians 15:16-17: ¹⁶ *For if the dead are not raised, not even Christ has been raised.* ¹⁷ *And if Christ has not been raised, your faith is futile and you are still in your sins.*

If you desire all the other benefits of Christ's resurrection then you must have your sins forgiven. If you are still in your sins when you die then your eternal destination is hell. Christ's death paid for our sins. He took the punishment we deserve. We can receive the gift of eternal life. Receive Christ today.

Wrap Up: The resurrection proves everything Jesus Christ claimed about himself is true; resurrection proves there is life after death; resurrection proves there is only one kind of life after death; resurrection proves resurrection bodies; resurrection proves Jesus Christ will appear at a second coming; resurrection proves the forgiveness of sins and eternal life. We have a sure HOPE.

[English version optional: Current proof of the resurrection of Christ:

1. Eyewitness testimony of the Gospels is always current proof just like any other historical document. Archaeology supports the historicity of the Bible.

2. The ethnic diversity and worldwide distribution of the church is current proof for the resurrection of Christ. (Islam, Hinduism, and Buddhism to not have the worldwide distribution and ethnic diversity of the church of Jesus Christ. They are primarily mono-ethnic and geographically centered.)

3. Testimonies are a current proof of Christ's resurrection. Add millions more to the list of 15 appearances listed at the beginning of this message. Add *your* testimony!

Muslims today see Jesus in dreams and visions. He appears as a bright figure and they know it is Jesus Christ, *Isa al-Masih*, and they become convinced he is the divine Son of God. Go to www.isadreams.org: Isa is an Arabic name corresponding to Jesus that is found in the Quran. The number of Isa dreams has grown tremendously since 2000, and in 2005 it seems to have kicked into another gear. There has been an explosion of testimonies on the web in the past two years about Muslims encountering Jesus in dreams and subsequently becoming convinced of his death and resurrection. Another website: morethandreams.org.]

[* Death and Resurrection Proof: Shroud of Turin

I believe the Shroud of Turin to be the authentic burial shroud mentioned in the gospels (Luke 24:12 & John 20:1-10). (I studied the evidence for my Doctor of Ministry project *Equipping Selected Members of Chinese Christian Church of Baton Rouge, Louisiana, with Essential Apologetic Engagement Skills*, p.13.) There is an image burned into the fibers of the Shroud and it appears as a photographic negative – light is dark and dark in light. It reveals the extent and brutality of Jesus' suffering. The scourging ripped flesh from his calves, thighs, buttocks, back in both directions and on both sides - front and back. There is also the blood from the pierced hands and feet, the crown of thorns, and the spear in his side. Christ's body was totally broken and his blood spilled. It cannot be a medieval forgery. Emmy Award-winning 3D illustrator and animator Ray Downing of Studio Macbeth: "The presence of 3D information encoded in a 2D image is quite unexpected, as well as unique," Downing said. "It is as if there is an instruction set inside a picture for building a sculpture."]

復活的證據 – 使徒行傳 1:1-3

1 提阿非羅啊，我已經作了前書，論到耶穌開頭一切所行所教訓的，2 直到他藉著聖靈吩咐所揀選的使徒，以後被接上升的日子為止。3 他受害之後，用許多的憑據將自己活活的顯給使徒看，四十天之久向他們顯現，講說神國的事。

證明的希臘詞 = **tekmarion** = 令人信服的決定性證明。用邏輯「能夠被顯明的證據」和醫學用語「能夠被顯明的跡象」。

門徒需要許多令人信服的證據。

懷疑論者可能認為門徒是不科學的。他們生活在 2000 年前。那時的人們像今天一樣相信神話、鬼的故事和外星人。他們沒有今天昌明的科學。(我們發達的科學相信進化論和全球溫室效應等的科幻小說。) 也許他們沒有我們今天擁有的科學知識，但是他們仍然需要許多令人信服的證據。他們知道死去的人不會復活，如果他們真的像基督已經死了一樣死了。毫無疑問，基督真的死了。羅馬人用長矛穿過祂的肋骨進入祂的心臟，鮮血和水流出來，確保了基督的死。

你為什麼要相信基督的復活？因為有許多令人信服的證據。這些證據分為 3 類：時間/日期、地點和人物。它們加起來，產生了許多令人信服的證據。

令人信服的證據涵蓋許多天 – 40 天：

如果你僅僅看到空墳墓，那就不足以使你相信。如果你只在基督死後的第三天一次看到活著的祂，然後再也沒有看見過祂，那麼你可能會懷疑復活這件事。你可能會認為自己看到了個鬼魂。懷疑論者可以輕易說服你，你所看到的只是基於願望投射的幻覺而已。

門徒在四十天之內與復活的基督有互動。他不是一隻鬼。基督的身體上有釘十字架的傷痕。門徒和耶穌坐在岸邊吃魚。耶穌向他們講論神的國的事。40 天是令人信服的證明。基督升天之後 60 年，甚至在聖經的啟示錄中也提到了基督最後一次的露面。

令人信服的證據涵蓋多個地點：耶路撒冷、加利利、敘利亞的大馬士革和小亞細亞（土耳其）。

令人信服的證據來自許多目擊者：

提阿非羅不是目擊者 (使徒行傳 1:1)。他是路加醫生一個富有的羅馬贊助人，他資助了路加的調查工作，完成了他的福音 (路加福音)，然後也資助了他與保羅的宣教旅程 (使徒行傳)。

哥林多前書 15:1-10 告訴我們福音的核心和復活的耶穌基督的目擊者的名單：

1 弟兄們，我如今把先前所傳給你們的福音告訴你們知道；這福音你們也領受了，又靠著站立得住，2 並且你們若不是徒然相信，能以持守我所傳給你們的，就必因這福音得救。3 我當日所領受又傳給你們的：第一，就是基督照聖經所說，為我們的罪死了，4 而且埋葬了；又照聖經所說，第三天復活了，5 並且顯給磯法看，然後顯給十二使徒看；6 後來一時顯給五百多弟兄看，其中一大半到如今還在，卻也有已經睡了的。7 以後顯給雅各看，再顯給眾使徒看，8 末了也顯給我看；我如同未到產期而生的人一般。9 我原是使徒中最小的，不配稱為使徒，因為我從前逼迫神的教會。10 然而，我今日成了何等人，是蒙神的恩才成的，並且他所賜我的恩不是徒然的我比眾使徒格外勞苦；這原不是我，乃是神的恩與我同在。

基督死了。祂之所以死，是因為「就是基督照聖經所說，為我們的罪死了」聖經預告了祂的死。埋葬是死亡的證明。基督在死後的第三天「照聖經所說」復活了，聖經預告了祂的復活。主向不同的人顯現也是復活的證據：磯法 (就是彼得)、十二使徒、基督升天時的五百個目擊者、雅各 (耶穌在地上的「兄弟」)、基督升天時在場的使徒、以及「最小的但並非最不重要的」保羅。

[這裡有一段額外的資料，不會在信息中傳講，因此按高牧師的要求，沒有被翻譯成中文。請參閱英文原稿。]

基督的復活證明了：

1. 復活證明耶穌所講關於祂的一切都是真實的。

- 基督聲稱祂將會被殺並在第三天從死裡復活 (馬可福音 9:31；路加福音 9:22)。
- 基督自稱是整本舊約中所預言的彌賽亞 (約翰福音 4:25-26)。
- 基督聲稱祂能饒恕罪 (馬太福音 9:5-6)。
- 基督聲稱祂的死是我們罪的挽回祭 (馬太福音 20:28)。
- 基督自稱是人子與神的兒子 (馬太福音 26:64；約翰福音 10:36)。
- 基督聲稱祂是通往神的唯一途徑 (約翰福音 14:6)。
- 基督自稱是復活和生命 (約翰福音 11:25)。
- 基督宣稱自己與神平等：

- 約翰福音 8:58-59 – 耶穌說：「我實實在在的告訴你們，還沒有亞伯拉罕就有了我。」...於是他們拿石頭要打他。
- 約翰福音 10:30 – 「我與父原為一。」

2. 復活證明死後有生命。

大多數人相信死後的生命。相信死後的生命是很自然的，因為人是按照神的形象被造的。造物主設計我們時放入對死後的生命這份渴望，因為我們被創造是要與祂建立關係。因此，我們相信死後的生命，但我們也需要證據。我們需要知道我們內在或直覺上的認知是正確的。基督的復活是確認我們的信念和盼望所需要的證明。

如果耶穌基督從死裡復活，那麼無神論就不可能成立。那是自欺欺人。基督的復活是歷史上最真確的事實之一。目擊者的見證使復活成為無可置疑的事實。實際上，除了耶穌基督之外，還有一些人從死裡復活並向其他人顯現：馬太福音 27:52-53 記載：墳墓也開了，已睡聖徒的身體多有起來的。到耶穌復活以後，他們從墳墓裡出來，進了聖城，向許多人顯現。

誰是那些「已睡 (的) 聖徒」？有時候，「睡覺」是對於死亡委婉的說法，它是指暫時的死亡狀態 (約翰福音 11:11-12)。這些聖徒的復活 (或復甦) 也證明了死後的生命，耶穌的復活保證了所有人的復活 (哥林多前書 15:20-23)。馬太並沒有解釋那些聖徒是誰。一般人認為，他們不是舊約的聖徒，而是在耶穌事奉的年日中去世的信徒。這些聖徒的身體沒有像耶穌復活的身體那樣榮耀、不會朽壞。看來他們只是回到復甦之前的狀態中，這意味著他們將來還是會過世。換句話說，這些「聖徒」就像拉撒路一樣的正常人，所以只有家人和他們的好朋友才能認出他們。有一個死去的家人走進屋子說：「我回來了！感謝耶穌的復活，我回到原來的身體，直到以後離世。」這肯定使人震驚。

我們實際上有基督復活的法醫證據。我們找到了一些細麻布 (路加福音 24:12 及約翰福音 20:1-10)。彼得和約翰在看到復活的主之前已經相信祂的復活。他們看到了空墓中的葬禮用的細麻布 (裹屍布)。

路加福音 24:12 – 彼得起來，跑到墳墓前，低頭往裡看，見細麻布獨在一處，就回去了，心裡希奇所成的事。

約翰福音 20:5-9 – 5 低頭往裡看，就見細麻布還放在那裡，只是沒有進去。6 西門彼得隨後也到了，進墳墓裡去，就看見細麻布還放在那裡，7 又看見耶穌的裹頭巾沒有和細麻布放在一處，是另在一處捲著。8 先到墳墓的那門徒

也進去，看見就信了。9（因為他們還不明白聖經的意思，就是耶穌必要從死裡復活。）

*另外請參閱英文講稿的附錄：「死亡和復活的證據：耶穌的裹屍布」

3. 復活證明死後只有一種生命。

世上主要的宗教都相信死後會有某種生命。（我所說「世上的宗教」是指伊斯蘭教、印度教和佛教）。這三種主要的宗教都相信死後會有某種生命，但它們沒有提供任何的證據。穆罕默德沒有從死後復活，證實伊斯蘭教對於死後的生命教導。伊斯蘭教不相信復活，因為它的教義認為耶穌沒有死在十字架上。（但伊斯蘭相信最終所有人都會復活，然後按人的行為接受審判。）第一位佛陀並沒有從死裡復活，證實他關於死後生命的教導。沒有一個印度教的神明曾經成為人、去世、然後復活，以證實印度教關於死後生命的教導（即輪迴）。因此，所有其他宗教關於死後生命的教義都不能令人信服。

基督的復活證明死後只有一種可被驗證的生命。

關於耶穌死後的生命四個真理：

第一，死後復活的生命是帶著一個真實的身體。沒有其他宗教提出這一主張。（我會在第3點中有進一步的說明。）

第二，死後復活的生命會保留個人的意識。那是你的靈魂。你知道你是誰，你在哪裡。耶穌知道祂是誰，祂在哪裡。耶穌可以確定祂想去哪裡以及祂想要向誰顯現。這包括記憶的保存。耶穌按名字認識祂的每個門徒。印度教和佛教並沒有教導人死後仍然保留個人的意識。

第三，死後復活的生命可以與世界有互動，但不受自然法則的約束。耶穌在祂復活的身體中能夠穿過關閉的房間。耶穌能夠進食。耶穌可以讓人看見祂，然後消失在空氣中。請看路加福音 24:36-43 和約翰福音 20:19-20：

19 那日（就是七日的第一日）晚上，門徒所在的地方，因怕猶太人，門都關了。耶穌來，站在當中，對他們說：「願你們平安！」20 說了這話，就把手和肋旁指給他們看。門徒看見主，就喜樂了。

沒有其他宗教提到這樣死後復活的生命。

4. 復活證明了復活的身體。

我們必須擁有一個可以存在於另一個空間（天堂）的身體。我們目前的身體不可能存在於天上。我們必須按照哥林多前書 15:35-49 所說的擁有一個屬靈的身體。（請看哥林多前書 15:35-49）復活的身體是屬靈但具有實質的身體。復活的耶穌不是魂或幻影。它是有肉和骨頭的身體。它可以被觸摸並消化食

物，但它也具有一些屬靈的特質，不受自然法則的約束 (約翰福音 20:24-27 和路加福音 24:36-43)。

電影《火星人》- 留在火星上的那個地球人必須穿著特殊的衣服才能生存，否則他不能在火星的氣候中活著。我們是非常脆弱的生物。如果離開地球的大氣層，我們將會像魚離開水一樣瞬間死去。我們必須有復活的身體才能在天堂的環境中生存。我們必須有一個可以存在於地球和天堂，或者在物理和屬靈境界中都能存活的身體。

在家裡被隔離時，我在 Pure Flix 上看了一部名為《啟示之路》的電影。當被提發生時，相信耶穌基督的信徒們發出了明亮的光 (就像一個明亮的高清燈泡)。然後，燈光閃爍並變成發光的球體。球體盤旋了幾秒鐘，然後升上了天空。數以百萬計的發光球升向天堂。信徒留下的遺體變成一堆灰燼。我知道這是創造性的想像力。但這表明在死亡時我們將經歷一種中間狀態。死亡時，我們離開我們的身體，只有靈魂存在。我們以虛無的靈魂狀態存在，等待與復活的身體結合。我們要等到基督再來時才會得到復活的身體。(我不是很確定災前被提這個解釋，但是聖經說，在耶穌基督再來時，已死的信徒將首先復活，然後活著的信徒將立即被改變並接受復活的身體：哥林多前書 15:50-58 和帖撒羅尼迦前書 4:13-18。)

哥林多前書 15:50-55 –

50 弟兄們，我告訴你們說，血肉之體不能承受神的國，必朽壞的不能承受不朽壞的。51 我如今把一件奧秘的事告訴你們：我們不是都要睡覺，乃是都要改變，52 就在一霎時，眨眼之間，號筒末次吹響的時候。因號筒要響，死人要復活成為不朽壞的，我們也要改變。53 這必朽壞的總要變成不朽壞的，這必死的總要變成不死的。54 這必朽壞的既變成不朽壞的，這必死的既變成不死的，那時經上所記「死被得勝吞滅」的話就應驗了。55 死啊！你得勝的權勢在那裡？死啊！你的毒鉤在那裡？

5. 復活證明基督的再來

復活也證明了耶穌所說的一切都是真實的。

在耶穌回來之前，祂正在為那些相信祂的人準備天父的家。

約翰福音 14:1-6 – 1 「你們心裡不要憂愁；你們信神，也當信我。2 在我父的家裡有許多住處；若是沒有，我就早已告訴你們了。我去原是為你們預備地方去。3 我若去為你們預備了地方，就必再來接你們到我那裡去，我在那裡，叫你們也在那裡。4 我往那裡去，你們知道；那條路，你們也知道（有古卷：我往那裡去，你們知道那條路）。」5 多馬對他說：「主啊，我們不

知道你往那裡去，怎麼知道那條路呢？」6 耶穌說「我就是道路、真理、生命；若不藉著我，沒有人能到父那裡去。」

6. 復活證明我們的罪得到了赦免。

這可能是最重要的一點。

哥林多前書 15:16-17 – 16 因為死人若不復活，基督也就沒有復活了。17 基督若沒有復活，你們的信便是徒然，你們仍在罪裡。

如果你渴望得到基督復活的所有其他好處，那麼你必須先得到罪的赦免。如果你在離開世界時仍處於罪之中，那麼你永恆的歸宿就是地獄。基督的死償還了我們的罪債。祂接受了我們應得的懲罰。我們可以得到永生這份禮物。我邀請你今天就接受基督。

總結：復活證明了耶穌基督宣稱關於祂的一切都是真實的；復活證明死後還有生命；復活也證明了死後只有一種生命；復活證明了復活的身體；復活證明耶穌基督將會再來；復活證明了罪的赦免和永生。我們有一個確實的盼望。